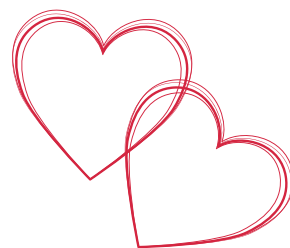


SANDS VALENTINES MENU



2019

TO SHARE

HOMEMADE BREADS

Marinated Olives & Hummus
£6.50

FISH SHARING PLATTER

Salmon & Cream Cheese Roulade,
Smoked Mackerel Pate, Devilled
Whitebait, Lemon Mayonnaise, Marie
Rose Dip, Rocket & Rustic Breads
£16.95

BAKED CAMEMBERT

Homemade Breads, Carrot, Celery,
Red Peppers & Onion Marmalade
£12.50

ANTIPASTI PLATTER

Selection of Cured Meats, Marinated
Mixed Olives & Artichokes, Baby
Bocconcini, Homemade
Sundried Tomato Focaccia
£14.95

STARTERS

SOUP OF THE DAY

Homemade Bread
£6.50

CARPACCIO OF BEEF

Parsnip Puree, Rocket, Parsnip Crisps
& Truffle Oil
£7.25

MUSHROOMS ON TOAST

Creamy White Wine Sauce, Sun-dried
Tomato Bruschetta
£6.75

ROASTED SWEET POTATO SALAD

Crumbled Feta, Three Colour Quinoa &
Parsley Oil
£6.25

SMOKED SALMON & DILL TERRINE

Baby Beetroot, Citrus Creme Fraiche,
Rocket & Lemon Oil
£7.50

PULLED PORK CROQUETTE

Tomato & Chilli Jam & Dressed
Leaves
£6.95

FOR MAINS

CHARGRILLED RIB EYE STEAK

Roasted New Potatoes, Sautéed Wild
Mushrooms, Garlic Butter £22.00
Sauces: Peppercorn / Blue Cheese £2.00

PAN FRIED RAINBOW TROUT

Mixed Roasted Beetroot, Sautéed Spinach
Spring Onion New Potatoes, Lemon & Cockle
Beurre Blanc
£15.95

PAN SEARED GREY MULLET

Crab, Mussel & Parsley Risotto
£ 15.25

ROASTED DUCK BREAST

Herbed Potato Rosti, Roasted Root
Vegetables & Cherry Jus
£16.95

SWEET POTATO GNOCCHI

Roast Peppers, Black Olives,
Rocket. Parmesan Shavings &
Arrabiata Sauce
£12.95

ROASTED FILLED CHICKEN

Mozzarella, Sun-dried Tomato & Basil Filling
Pancetta Baked Polenta, Glazed Baby Carrots,
Sauce Diablo
£14.95